



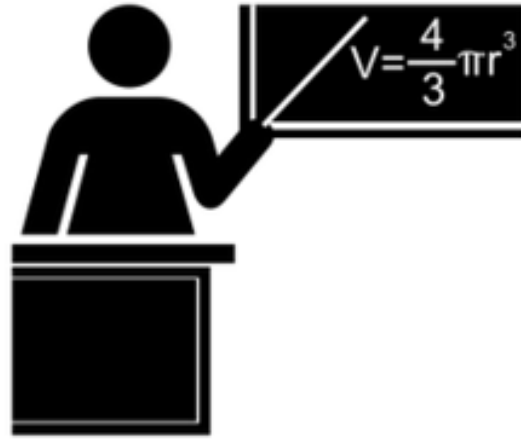
**Sarah Miller**

**CCBC**

**May 30, 2014**

**GIVING STUDENTS  
*'THE SLIGHT EDGE'***

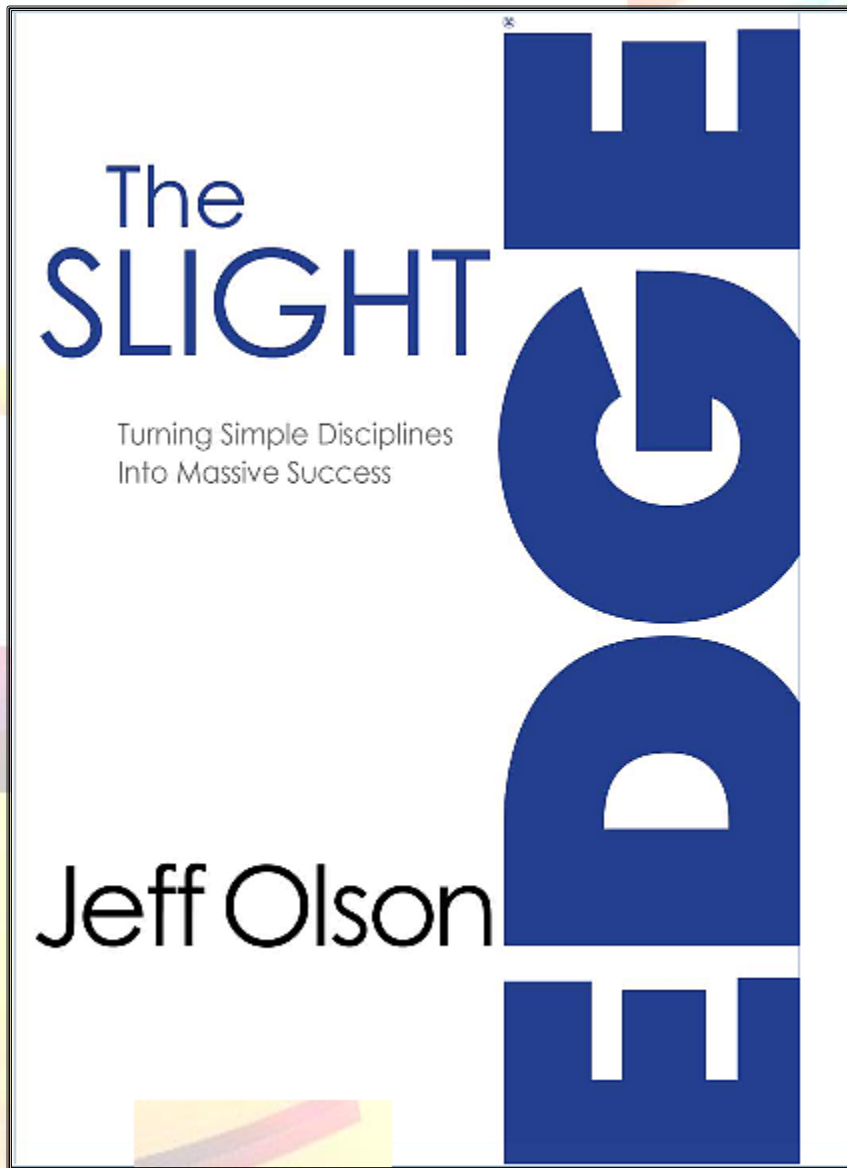
# The Question?



“Is it worth it to take time away from teaching content in order to directly teach self help skills and skills related to persistence?”



**YES!!!!**



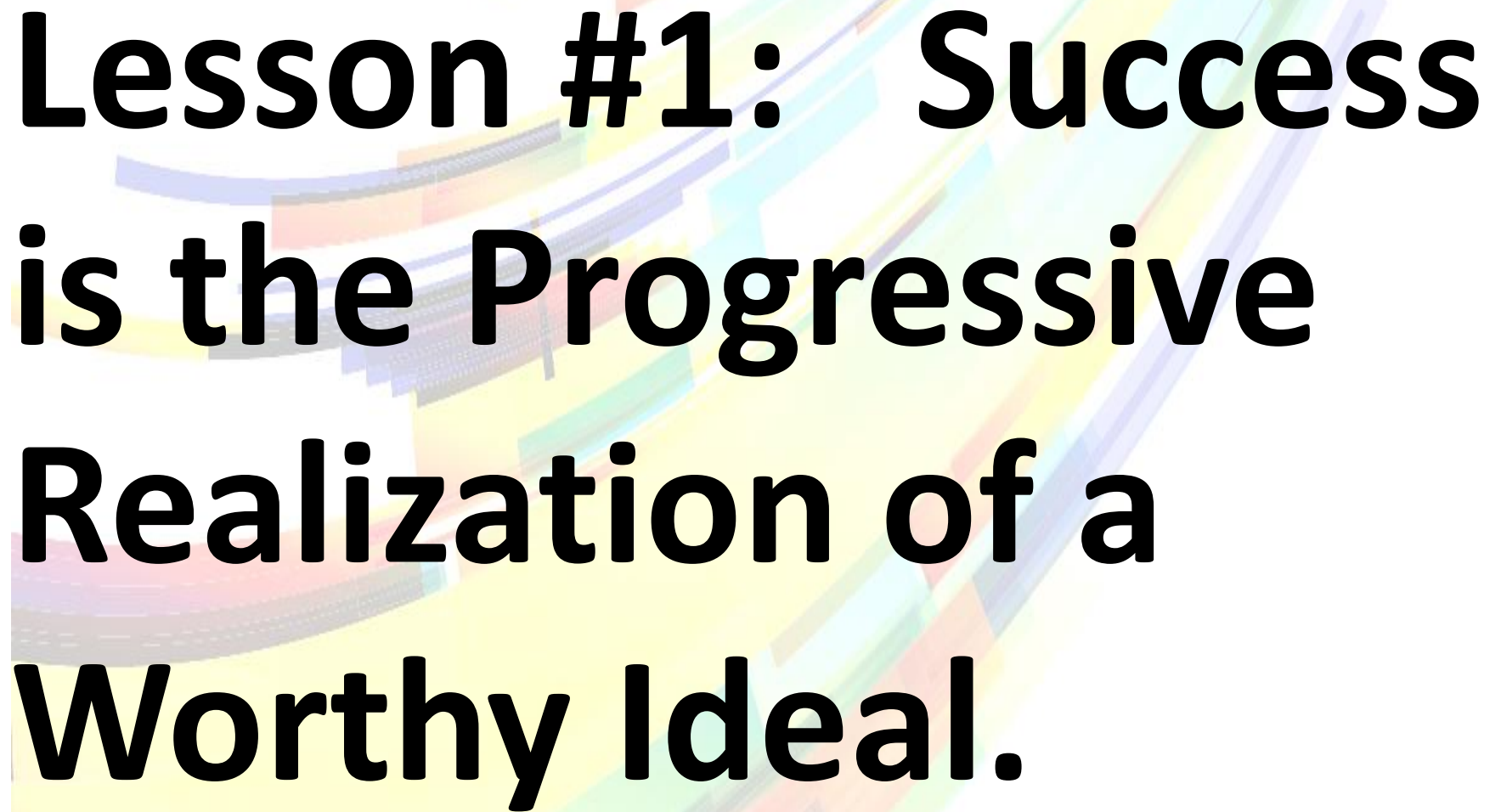
PDF available for  
free online:

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mcnelly.com/The  
%20Slight%20Edg  
e.pdf](http://wwdalemcnelly.com/The%20Slight%20Edge.pdf)

The audio book  
runs about \$10  
and is easily  
searchable.



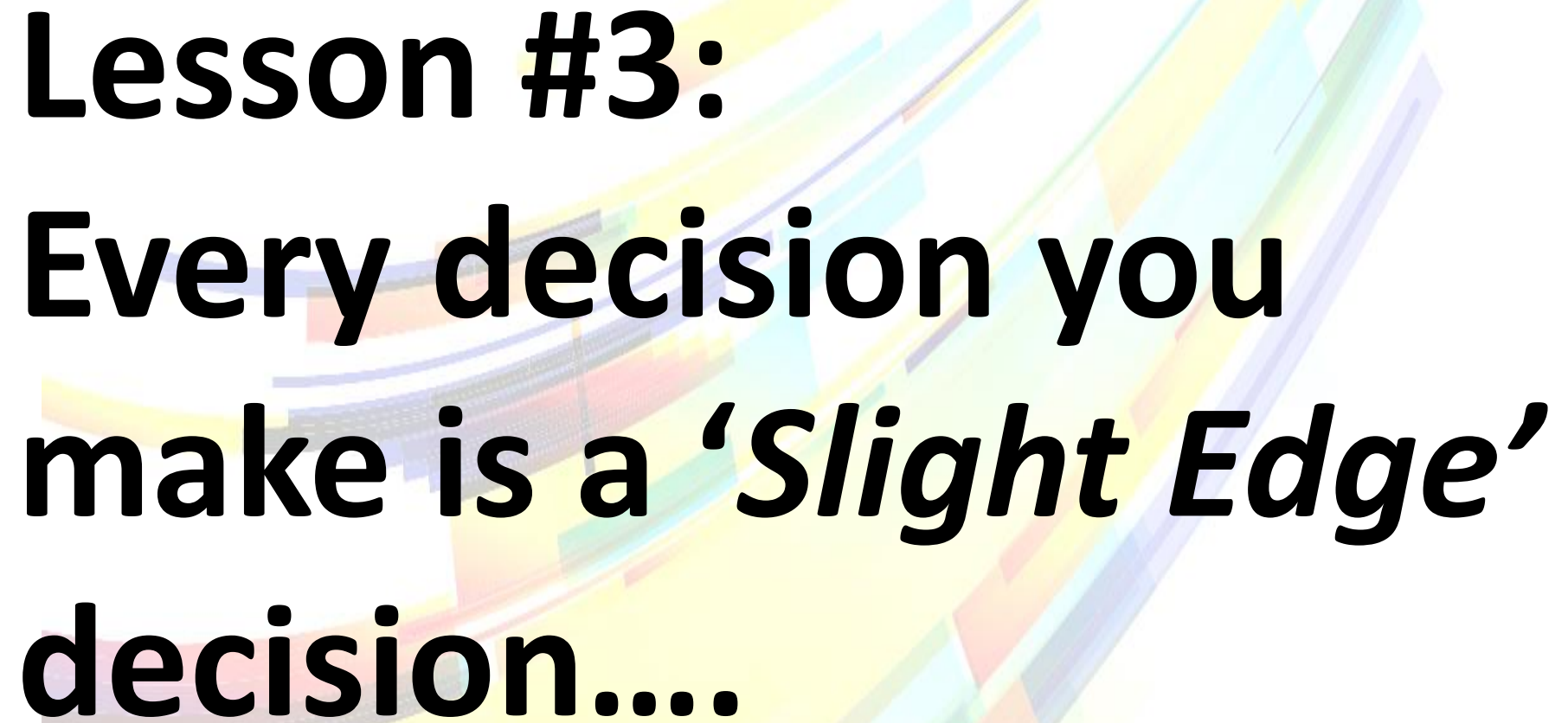
**...Lessons from  
'The Slight Edge'...**

The background features a complex, abstract pattern of overlapping, semi-transparent geometric shapes and lines in various colors including yellow, cyan, purple, and pink. The shapes are elongated and oriented diagonally, creating a sense of movement and depth. The overall effect is a vibrant, multi-layered visual texture.

**Lesson #1: Success  
is the Progressive  
Realization of a  
Worthy Ideal.**

# **Lesson #2:**

**Success is the sum of  
small efforts and  
disciplines repeated  
day in and day out.**



**Lesson #3:**  
**Every decision you**  
**make is a *'Slight Edge'***  
**decision....**



## EASY TO DO

Simple disciplines made consistently over time

- Responsibility/Discipline
- Value Driven

What's uncomfortable early becomes comfortable later

PHILOSOPHY → ATTITUDE – ACTIONS – RESULTS – **LIFESTYLE**

What's comfortable early becomes uncomfortable later

- Blame/Neglect
- Entitled

### 5% SUCCESS

Progressive realization of a worthy idea

FINANCES

HEALTH

BUSINESS

PERSONAL DEVELOPMENT

RELATIONSHIPS

## EASY NOT TO DO

Simple errors in judgement made over time

### 95% FAILURE

Lasts a lifetime

# **Lesson #4:**

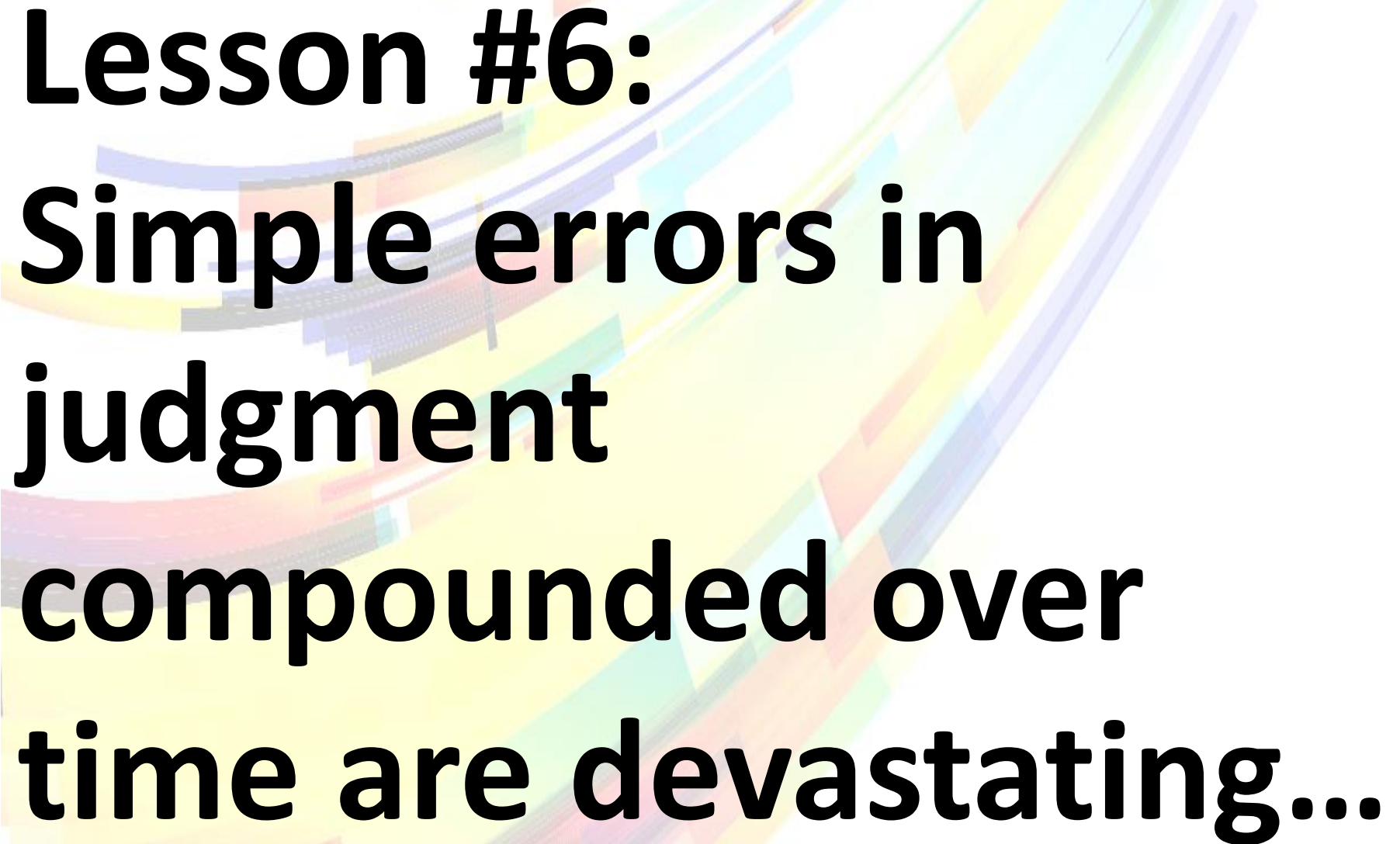
**What you do matters.**

**What you do today matters.**

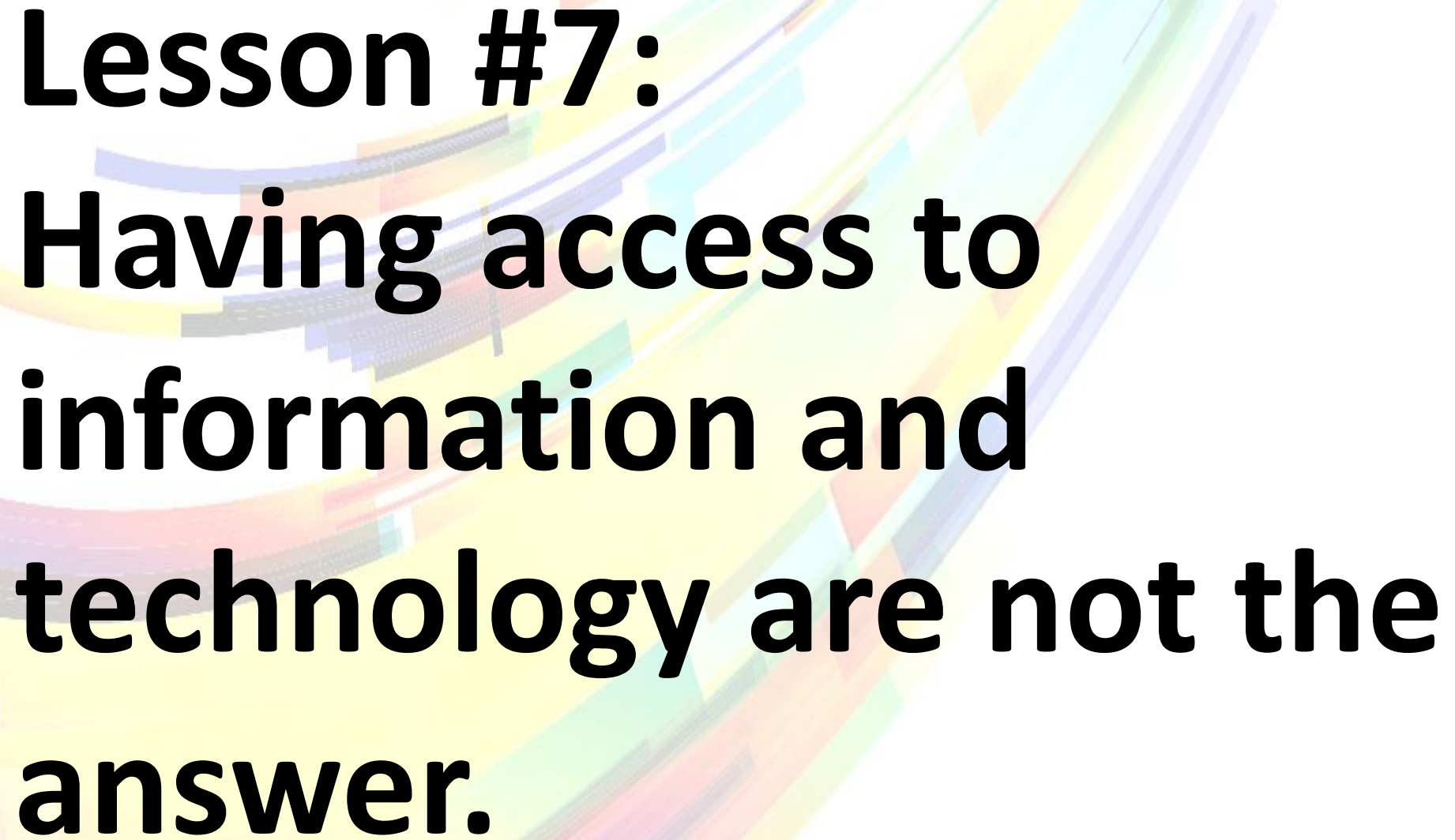
**What you do everyday matters.**

# **Lesson #5:**

**The Slight Edge is **having faith in the process** that repeated positive actions, performed over a long enough period of time will lead to success.**



**Lesson #6:  
Simple errors in  
judgment  
compounded over  
time are devastating...**

The background features a complex, abstract pattern of overlapping, semi-transparent geometric shapes and lines in various colors including yellow, cyan, purple, and pink. The shapes are elongated and oriented diagonally, creating a sense of movement and depth. The overall effect is a vibrant, multi-layered visual texture.

**Lesson #7:  
Having access to  
information and  
technology are not the  
answer.**

# Lesson #8

**Success is not a  
quantum leap...**

**....Or is it?**



**Lesson #9:**

**Plant, Cultivate,  
Harvest.**



**Lesson #10:**

**Time is the secret  
ingredient to success...**



# **Lesson #11:**

**Everything to be  
successful in life is easy  
to do... the problem is  
that these things are  
also easy not to do.**

# Lesson #12

**Philosophy**



**Attitude**



**Actions**

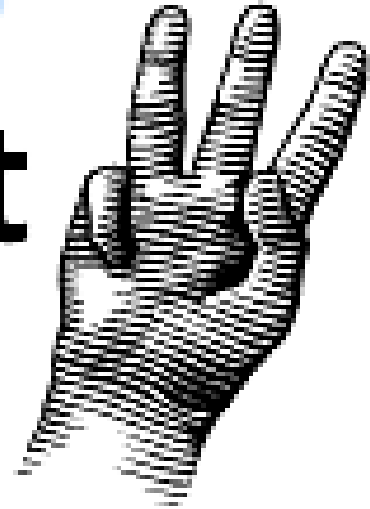


**Results**



**Success!**

# The 3 Step Method For Assignment Completion



- 1) Work through the entire assignment without looking forward to the answers.
- 2) Check your answers. Retry any which you got incorrect.
- 3) If all else fails, watch the solutions video.

# Blackboard learn<sup>+</sup> TM



**Test Review Sheet #1**



**TRS #1 Answers**



**TRS #1 Solutions Video**



**Test Review Sheet #2**



**TRS #2 Answers**



**TRS #2 Solutions Video**



**Test Review Sheet #3**



**TRS #3 Answers**



**TRS #3 Video Solutions**

etc...

# The Videos



full screen ↗

**083 TRS #4**

Posted by: You  
on: Feb 23, 2013

File Size: 6.7MB  
Category: Academic

Views: 125  
Rating: ★★★★★

Cancel Save

I. 1)  $\frac{5x}{6x-24} = \frac{5x}{6(x-4)}$   
Domain:  $x \neq 4$

2)  $\frac{x+3}{(x-2)(x+5)}$   $\begin{matrix} x \neq 2 \\ x \neq -5 \end{matrix}$

3)  $\frac{x^2+3}{x^2-3x+2} = \frac{x^2+3}{(x-2)(x-1)}$   
 $\begin{matrix} x \neq 2 & x \neq 1 \end{matrix}$

4)  $\frac{7}{x^2+81}$   
 $x^2+81$  is always bigger than 81, so it will never be 0.  
Domain:  $\mathbb{R}$   
 $\{ \text{All Real } \neq 3 \}$

-  **083 TRS #1**  
Views: 117  
★★★★★
-  **083 TRS #2**  
Views: 88  
★★★★★
-  **083 TRS #3**  
Views: 88  
★★★★★
-  **083 TRS #4**  
Views: 125  
★★★★★
-  **083 TRS #5**  
Views: 37  
★★★★★
-  **083 TRS #6**  
Views: 22  
★★★★★

etc...



# **Lesson #13:**

**“Do the thing and you  
will have the power.”**

**– Ralph Waldo Emerson**

# Lesson #14

Knowledge and practice are both equally important.





# Lesson #15

Your practice will not  
always be easy and  
perfect...



# My Music Analogy

<http://www.youtube.com/watch?v=Ix6R9Yt7iwY>

Steady Ballad

*mp* *mf*

*With pedal*

Second system of the musical score for 'Steady Ballad', continuing the piano piece in 4/4 time with a key signature of two sharps.

Third system of the musical score for 'Steady Ballad', continuing the piano piece in 4/4 time with a key signature of two sharps.

# Lesson #15

Knowledge vs. Anxiety....





# **Lesson #16**

**Successful people take  
responsibility for their  
actions.**

# **Lesson #17:**

**You are the combined  
average of the 5  
people with whom you  
associate the most.**

# **Lesson #18:**

**Comfortable now ...**

**Uncomfortable later.**

**Uncomfortable now ..**

**Comfortable later.**

# Lesson #19:

## **Have Definitiveness of Purpose...**

“There is one quality which one must possess to win, and that is definitiveness of purpose, the knowledge of what one wants, and a burning desire to possess it.” - Napoleon Hill

# Lesson #20:

Build Momentum...

Who ran the race? The tortoise or the hare?

# Lesson #21:

## Make it a Habit...

“Sow an act, reap a habit.

Sow a habit, reap a character

Sow a character, reap a destiny.”



# A “Slight Edge” Math Example.....

$$A = Pe^{rt}$$

Invest \$1200 at 7% annual interest rate. How much will your investment be worth in 40 years? (\$19,700)

Invest \$1200 at 7% every year for  
the next 40 years. How much  
will your investment be worth?



# **Lesson #22:**

# **Continual Course Correction...**



# Lesson #23

Remember: Results  
come last...

# ***In addition to the lessons.....***

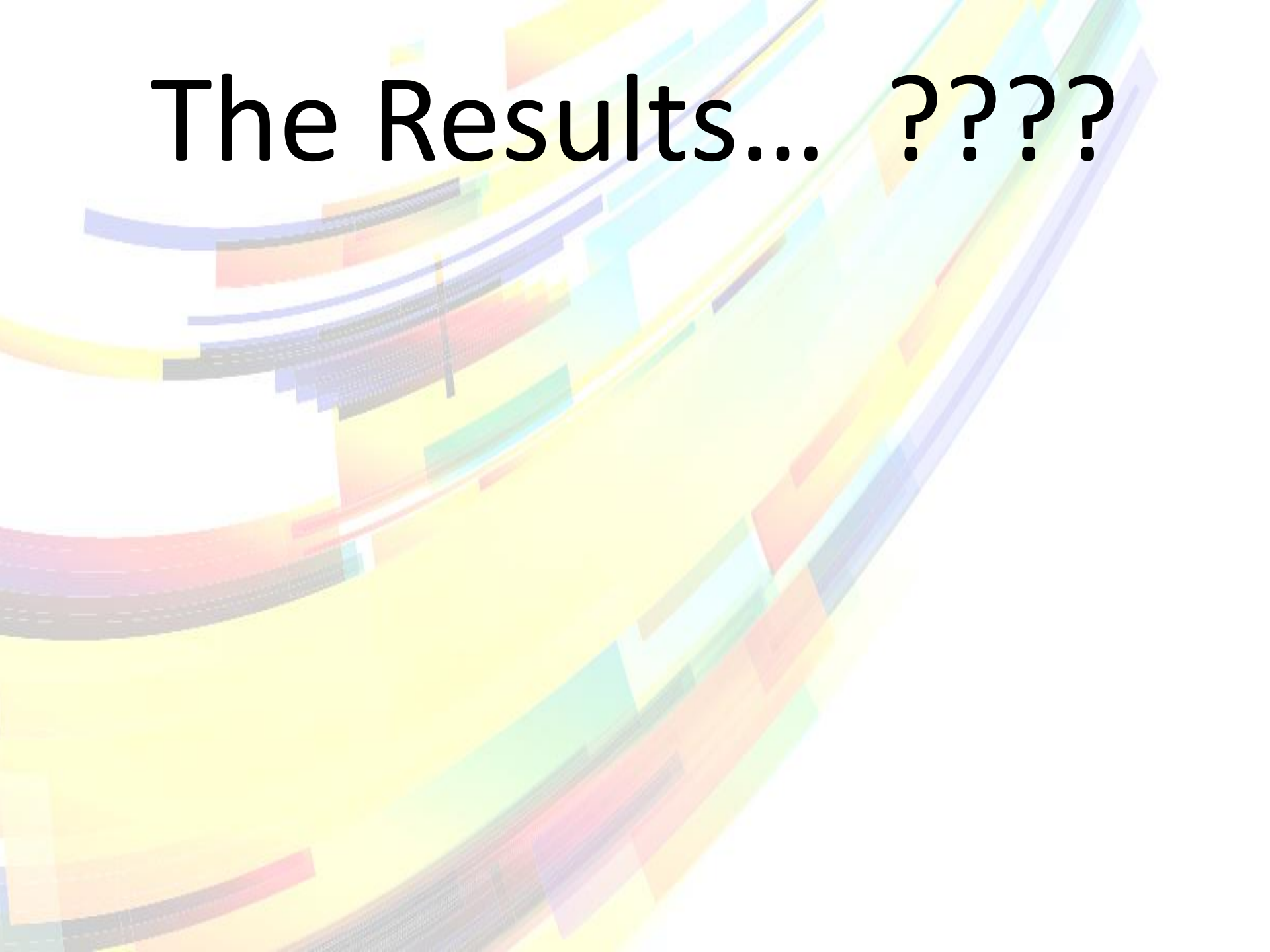
*Inspirational quotes about working hard and staying focused on the tops of handouts...*

“Slight edge integrity is about what you do when no one is watching. It is about doing the that you said you were going to do long after the mood in which you said it has left you.” Jeff Olson

# Slight Edge Commercials

- <http://www.youtube.com/watch?v=oXJ1FZKwI7c> You are limitless
- <http://www.youtube.com/watch?v=FrriEaffZ4w> Cross The Line
- <http://www.youtube.com/watch?v=61FiMIktNA> Slight Edge Book Review
- <http://www.youtube.com/watch?v=qFjht5BbrdI> Slight Edge Philosophy
- <http://www.youtube.com/watch?v=A5migDz5JTc> Work Hard and Study Hard
- <http://www.youtube.com/watch?v=j5q780fa1vY> Never Give up
- <http://www.youtube.com/watch?v=8EGWEUf9Xr8> Dear Hardwork...
- <http://www.youtube.com/watch?v=OTyN0upf8Ws> Will Smith
- <http://www.youtube.com/watch?v=2xVbLZ6LPo0> Get up and Move
- <http://www.youtube.com/watch?v=49xwX1TzjFQ> Don't be Lazy
- <http://www.youtube.com/watch?v=4ldCZYz3TzQ> Choose the Right Path
- <http://www.youtube.com/watch?v=puD4L1o9u00> Expect to be successful

The Results... ????



Sarah Sears [sarahsears24@comcast.net]



To: Sarah Miller [smiller10@email.cbcemd.edu]

Monday, May 19, 2014 9:27 PM

Hi Ms. Miller,

I enjoyed the slight edge commercials. I thought they were a good break in the middle of class.

I would recommend you still using them.

Thanks for a great semester!

-Sarah

Michael Chavious [chaviousmc@yahoo.com]



To: Sarah Miller [smiller10@email.cbcemd.edu]

Monday, May 19, 2014 6:40 PM

- You replied on 5/25/2014 10:31 PM.

It has been a pleasure Ms Miller. I am already signed up for your 163 class in the fall semester. I enjoyed you slight edge commercials and I watch them and also share them with other students. Yes, you should keep showing them. You never know how you can change a persons out look on things. See you soon

Michael Chavious



**And so I'll continue....**

*“Teaching kids to count is fine, but teaching them what counts is best.”*

**-Bob Talbert**